

Expected achievements: Stage I

Objective: To Document the National Plan to the Ayurveda Community Health Service

Action plan:

Target area 01 : Prevention and controlling of disease		
<i>Strategic action : Launching preventive care projects in each Divisional secretariat divisional level</i>		
Target : To uplift family health promotion by providing practicable Ayurveda preventive care		
Outcomes : By familiarizing Ayurveda preventive care principals, develop the health promotion at Divisional secretariat divisions		
Sub component	Main action	Sub activities
Establishment of the Ayurveda medical treatment	Conducting behavioral modification activities in each Divisional secretariat division for prevent and control the disease	Prevention of NCDs
		Prevention of CDs
		Prevention of chronic renal diseases
		Oral health
		Mental health
Health awareness programs	Conducting health awareness programs for health prevention	Spiritual health
		Awareness program for school community
		Awareness program for young adult
		Awareness program for senior adult
		Awareness program for stake holders

Target area 02 : Service for vulnerable population		
<i>Strategic action : Conducting special care projects in each Divisional secretariat divisional level</i>		
Target : To enhance the health promotion among vulnerable population		
Outcomes :By establishing Ayurveda preventive care service among special population groups and empowering the public in Divisional secretary divisions		
Sub component	Main action	Sub activities
Establishment of the Ayurveda medical treatment	Conducting behavioral modification activities in each Divisional secretariat division for community empowering	Adolescent health
		Elders health
		Estate health
		Occupational health
		Disable health
Conducting mobile service	Providing special service and develop self-extreme	Screening program
		Mobile clinic

<b>Target area 03 : Food and nutrition</b>		
<i>Strategic action : Reintroducing traditional food pattern and Ayurveda nutritional supplements in each Divisional secretariat division</i>		
<b>Target : To establish the traditional dietary patterns</b>		
<b>Outcomes :By introducing Ayurveda dietary principals and reducing the burden of chronic diseases in Divisional secretary divisions</b>		
<b>Sub component</b>	<b>Main action</b>	<b>Sub activities</b>
<b>Establishment of the traditional food patterns</b>	Introducing traditional foods and food pattern to food safety and availability	Maternal health and nutrient
		Child health and nutrient
		Nutrient for preschool children
		Awareness for food classification
		Awareness for nutritional differentiation

<b>Target area 04 : Medicinal plants</b>		
<i>Strategic action : Cultivation and conservation of medicinal plants in each Divisional secretariat division level</i>		
<b>Target :To strengthen the medicinal plant cultivation, propagation and developing the medicinal plant resources</b>		
<b>Outcomes :By developing medicinal plant production and necessary plants gained within the Province and decrease the health expenditure</b>		
<b>Sub component</b>	<b>Main action</b>	<b>Sub activities</b>
<b>Establishment of the model herbal garden</b>	Identification of medicinal plants	School herbal garden
		Home garden of traditional medical practitioner
		Model medicinal plants garden
<b>Introducing herbal farming</b>	Identification and encouraging of economically viable medicinal plant farming projects in small and medium scale entrepreneur	Home gardening ass self-employment
		Medicinal plant farming for economic